Developing a psychological intervention for the management of fatigue in Advanced Kidney Disease: PPI opportunity

Additional information

Fatigue affects around 42 to 89% of renal patients. Biomedical treatments demonstrate limited efficacy (often do not work) and exercise may be unsuitable for patients with other chronic conditions, disabilities and in poorer general health. There is growing evidence on the effectiveness of psychological interventions for the management of fatigue in other chronic conditions, such as cancer, multiple sclerosis, and rheumatoid arthritis, which gives reason to believe that this could work for renal fatigue (Cramp et al., 2013; Jacobsen, Donovan, Vadaparampil, & Small, 2007; Kangas, Bovbjerg, & Montgomery, 2008; van den Akker et al., 2016).

When developing research it is important to understand patients’ needs to ensure that the research is in the best interests of the patient. For this reason we want to invite people affected by Advanced Kidney Disease to act as advisers to our research. We want to develop a patient-centred psychological intervention designed specifically for fatigue that can support patients and facilitate adaptive self-management of fatigue.

We are looking for patients with Advanced Kidney Disease who have experienced/experience fatigue and have had experience with dialysis or are currently on dialysis.

What would this mean for patients getting involved?

You would be working in partnership with other patients and researchers to develop a psychological intervention for kidney patients suffering from fatigue. This will include discussing what delivery mode would work best and giving feedback and ideas around what should be targeted in the intervention, presentation and materials as part of the intervention.

You will need to travel to attend one face-to-face meeting at King’s College London, and the rest of the communication will be over the phone or via email, at your convenience.

We anticipate that involvement will spread over mid-February until June 2017.

Once you have applied, a member of the research team will get in touch with you to address any questions you may have and agree on what communication method would work best for you. The face-to-face meeting will be arranged in advance and will happen at a later stage.

The position is voluntary but training and support will be provided.