



THE LONDON SCHOOL  
OF ECONOMICS AND  
POLITICAL SCIENCE ■

## **Helping young people with mental health problems through outreach and eHealth**

### **Invitation to take part in a focus group or in app testing**

We would like young people's perspective on how we can improve care and support for young people with mental health problems. We are developing a mobile app to do this and we would like your input on how to make the app most useful, to help young people access both formal and informal care or support.

We would like to hold a group to discuss ideas about the app and would like to invite young people between the ages of 16 and 25 with experience of mental health problems. We would like to involve young people who have used services as well as those who have not. We would also like to discuss barriers to service use and how the app might address some of these.

We will hold the group at LSE in central London. In the group we will seek participants' thoughts about aspects of the app, for example, visuals, language, use of personal experience within the app, and ideas about what types of services will be covered.

We will refund travel costs and we will give everyone £10 as a token of our thanks. After the group, we would be very pleased if any participants would like to stay involved in the project, by testing and giving feedback on the app as it develops.

We would also be very pleased for anyone who cannot take part in the group to get involved in testing the app.

We hope to run the group in March. App testing will take place between April and July 2018.

If you might be willing to take part please email me [M.Stevens@lse.ac.uk](mailto:M.Stevens@lse.ac.uk) and I will send you an information sheet and answer any questions you may have.

*Dr Madeleine Stevens  
Assistant Professorial Research Fellow  
Personal Social Services Research Unit  
London School of Economics and Political Science  
Houghton Street  
London WC2A 2AE  
Tel: +44 (0)20 7852 3773  
Email: [m.stevens@lse.ac.uk](mailto:m.stevens@lse.ac.uk)  
<http://www2.lse.ac.uk/LSEHealthAndSocialCare/aboutUs/PSSRU/home.aspx>  
LSE Health and Social Care Blog: <http://blogs.lse.ac.uk/healthandsocialcare/>*