

## Interested in contributing to research that explores how to help the wellbeing of people with long-term conditions in your area?

The CHAMP Patient and public Involvement (PPI) group could be the ideal opportunity for you!

Researchers at the University of York are working with pharmacists and patients to find a way of discussing alcohol with medication use in local pharmacies, and to see if this works for patients with long term conditions. If this works well, people with complex health problems who drink more than is healthy may cut down, drinking may affect their medication less, and improve their health as a result.

### Eligibility criteria for group:

- Have one or more long-term conditions that requires long term medication management
- Experiences of drinking alcohol and engaging with pharmacies

### Role requirements:

- Attend meetings: three times in years 1-2, twice in years 3-5- these will be timed for key points in the programme
- Contribute to work outside of meetings
- Be prepared to discuss and participate in discussions about research
- Use your patient experiences to contribute to co-design research tasks

### Be willing to put forward views on topics relating to the programme such as:

- Research questions of the studies
- The wording of information sheets, posters and flyers
- The wording of patient facing materials within the intervention
- Methods of recruitment of patients to studies
- The burden/impact of a participant taking part in a study
- The way in which the research findings are shared

As a PPI member you will be part of the research project wider team and will be paid for your time and contributions. If you would be interested in taking part, please contact:

Stephanie Morris: [stephanie.morris@york.ac.uk](mailto:stephanie.morris@york.ac.uk) Tel: 01904 321281

Duncan Stewart: [Duncan.stewart@york.ac.uk](mailto:Duncan.stewart@york.ac.uk) Tel: 01904 321860