



## A short guide for participants to the Malnutrition Priority Setting Partnership workshop

### What is the workshop for?

The aim of the workshop is to decide the top 10 questions for research into malnutrition and the nutritional screening process. We call this priority setting.

We hope that this will help researchers focus on finding answers to questions which will make the most difference to people with malnutrition and to those who care for them.

### Who will be there?

The people taking part will be individuals with lived experience of malnutrition, and health and care professionals who work within this area. These people will be making decisions together about the research questions they think should be prioritised.

The meeting will be run by three JLA facilitators: Toto Gronlund, Maryrose Tarpey and Jonathan Gower. Their job is to make sure that everyone taking part is included, listened to and has their say.

There will be a few people there who will watch the meeting, but won't be taking part in the discussions. Some may be from organisations that fund research.



### What will happen?

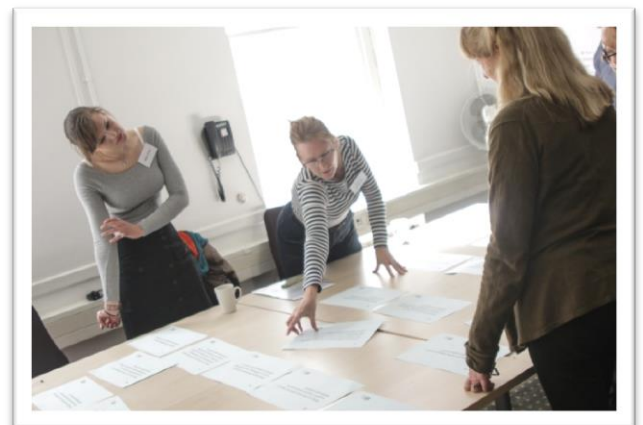
There will be an introduction at the start of the day to explain how the workshop will run, and some background to the Partnership.

You will then work in small groups to discuss approximately 25 questions. These have come from the survey we did with patients, carers and professionals. With the support of one of the facilitators, you will decide together the order of importance of the questions.

The questions will be printed on cards, and the facilitator will lay them out on a table to help everyone put them into an order, from most important to least important.

There will be refreshment breaks in the morning and afternoon, as well as lunch.

The format of the workshop has been developed by an organisation called the James Lind Alliance ([www.jla.nihr.ac.uk](http://www.jla.nihr.ac.uk)). It has been used to set research priorities in many areas of healthcare, including for example; depression, dementia, pre-



term birth, asthma and sight loss.

### **What do I have to do?**

Talk about your opinions and experiences!

Everyone at the workshop will have different views and ideas, and they are all valid and important.

Everyone will be encouraged to share their views, but also to listen to each other.

We want to know your personal views and experiences on which research questions which could make a difference.

The JLA advisers are there to support you and will make sure you have a chance to have your say. If you have any concerns during the day, you can let them know.

### **Do I need to do anything to prepare?**

The week before the workshop you will be sent a worksheet with a list of the questions.

Please read through this beforehand and decide which questions you think are really important for research, and which questions are less important, in your opinion.

Make a note of your choices on the sheet and bring it with you on the day. You won't have to hand this in, but you will be asked about your choices.

