Life after bowel cancer

Tell us what you think about our Healthy Eating and Active Lifestyle workbook !

Would you like to contribute to research on diet and active lifestyle after bowel cancer?

HEAL ABC
Healthy Eating and Active Lifestyle After Bowel Cancer

MANCHESTER 1824
The University of Manchester

N8 AgriFood

UNIVERSITY OF LIVERPOOL

What is it all about?

We would like to carry out a discussion with people who have experienced bowel cancer and tried our healthy eating and active lifestyle workbook.

What I have to do?

- Contact us.
- Confirm attendance of a small, 2 hour focus group at the University of Manchester (you can choose from two dates 10/06/19 or 12/06/19, lunch time).
- After your confirmation we will send you our workbook.
- Come along and tell us about your opinion and views on our workbook.

What we offer?

- We will send you our healthy eating and active lifestyle workbook.
- On the day of the meeting we provide:
- Refreshments
- Out of pocket expenses
- Small gift for your contribution

If you are interested in participating you can contact the researcher directly:

Jana Sremanakova, Nutrition Research Assistant, University of Manchester
email: jana.sremanakova@manchester.ac.uk, phone: 0161 306 7673