

Patient and Public Involvement (PPI) Workshop

Informing the design of a research trial into medication adherence and digital support

What is our research about?

We aim to develop a digital support service (SMS messages & smartphone app) to support people with chronic conditions to take their medication regularly. We will run a large Randomized Controlled Trial (RCT) to test the effectiveness of this support in improving medication adherence.

What is the aim of the workshop?

To get input on our research study 'Programme on Adherence to Medication' (PAM). Specifically, to inform the design of the main RCT study procedures and get suggestions for the recruitment and retention of participants.

What will happen during the workshop?

We will ask for your opinions on how we can recruit more effectively for our study, what we can do to keep patients' interest in the study, and feedback on the study materials (e.g. invitation letter and information sheets).

We will also conduct a role-play of the study procedures, where we would like feedback on what went well in the scenario, and what should be changed.

When?

Thursday 17th October, 10.30am – 12.30pm

(Including a break and refreshments)

Where?

Institute of Public Health, Cambridge.

Expenses

£20 voucher + travel expenses

Who is eligible to get involved?

We are looking for people who take regular medication for a long-term condition (such as hypertension or T2 diabetes). You must be familiar with using a mobile phone for either text messaging or smartphone apps.

Want to know more?

If you have any questions or would like to discuss this in more detail, please contact Miranda Van Emmenis at mv404@cam.ac.uk or **01223 330524**