

What do I want to do this week: How do women want to spend their time?

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Information Sheet

We would like to invite you to take part in a research study. Before you decide it is important for you to understand why the research is being done and what it will involve. Please take time to read this carefully. Should you have any questions please contact us and we will be happy to help.

What is this study about?

We are interested in finding out how you spend your time on daily activities (paid work, household work, caregiving and voluntary work, and leisure), and how you would like to spend your time. This is important because we want to understand how women balance time spent on paid work, household work, caregiving and voluntary work, and leisure. This allows us to identify the kinds of social policies which would help women do what they want to do with their time.

Why have I been chosen?

You have been invited to participate in this study because we are interested in how women spend their time on daily activities and how they would like to spend time. We aim to recruit 200 women diagnosed with breast cancer and 200 women without a cancer diagnosis.

Do I have to take part?

No. It is up to you to decide whether to take part. If you decide to take part, you are free to withdraw at any time and without giving a reason.

What will happen to me if I take part?

We will ask you to complete a questionnaire which consists of three parts. In Section 1 you will be asked questions about how much time you currently spend on various daily activities. In Section 2 you will be asked 13 questions concerning how you would prefer to spend your time. In Section 3 you will be asked to tell us your feelings about time. In section 4, you will be asked a few questions about yourself. There are no right or wrong answers. We are interested in your opinions and experiences. All your answers will be strictly confidential and will not be used in any way that could lead to you being identified.

How long will it take?

It should take **no more than 30 minutes** to complete the questionnaire.

What are the possible risks to me of taking part?

There are no risks in taking part in the study.

Are there possible benefits for me?

Not directly. However, you will contribute to an important research study which aims to understand how women want to spend their time. Results from this study can inform government policy and may benefit the wider population, including you.

What will I have to do if I take part?

You will need to read this information sheet and then complete the questionnaire.

Will my taking part in this study be kept confidential?

All information which is collected about you during the research will be kept strictly confidential. This information will not identify you and will not be combined with other information in a way that could identify you. The information will only be used for the purpose of this research, and cannot be used to contact you.

If you withdraw from the study at any stage, we will keep the information about you that we have already obtained. Your information will also be kept strictly confidential. This information will not identify you and will not be combined with other information in a way that could identify you.

You can find out more about how we use your information:

<https://www.abdn.ac.uk/about/privacy/research-participants-938.php>

All information will be stored in a secure University of Aberdeen shared network drive to which only the research team members will have the access. Computers used to collate the data will have limited access measures through users' names and passwords. Data will be stored securely using encrypted digital files within password protected secure folders.

What if there is a problem?

If you have a complaint or a concern related to the study, please contact the research team (details below). If your complaint or concern cannot be resolved by the research team, please contact Professor Marjon Van der Pol, Depute Director of HERU (m.vanderpol@abdn.ac.uk).

Who has funded the research?

The research is funded by Aberdeen-Curtin Joint studentship.

Who has reviewed the study?

This study has been reviewed by the Life Sciences and Medicine College Ethics Review Board (CERB), University of Aberdeen.

Can I get any more information?

If you would like more information about the study please contact:

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