

# Your opinion matters!

## Come and join our online community conversation to help improve research



**GET INVOLVED**

- Do you, or someone you care for, have experience of staying in hospital for five days or more?
- Are you interested in improving safety in healthcare services?

**Topics will include:**  
Sleeping habits  
Nutrition  
Hygiene  
Environment

## Join us for a chat online on Thursday 24th September - 1pm until 3pm

You will receive a £20 gift voucher as a token of thanks for your time, as well as £10 to cover the cost of telephone calls, paper, printing ink and paper or internet connection.

**For more details or to book a place contact:**

Lucy.chapman@bthft.nhs.uk or calling 01274 911914