

## Are You or Have You Been an Adult Who Stammers?

### We need your views about adult stammering research!

**More than one in 100** adults have experience of stammering (stuttering) when they speak. Adults who stammer have expert knowledge about what it is like to stammer and how this affects their lives. However, research topics around stammering and its impacts are often chosen by professional researchers and clinicians who may not stammer themselves. In this study, our research team from Birmingham City University want to find out what research topics matter most to the people who should gain most from stammering research - people who actually live with stammering and its impacts on their lives.

Although many people think stammering only affects speaking, adults who stammer tell us that it is more complicated and personal than this. Stammering can also affect education, work, relationships, and so much more. Good stammering intervention (support) tries to address this complexity, but researching complex interventions is difficult so we need to understand which questions are worth asking.

**This study** is asking adults who have experienced stammering and its effects to help us understand what we should really be researching about stammering interventions.  
**What will make the most positive difference to the lives and experiences of people who stammer?**

There are no interviews or meetings involved in this study. We are asking people to complete two online surveys where you give us your views, with a gap of between six and twelve weeks between the two surveys.

#### **If you live in the UK and:**

are aged over 18,  
began stammering in childhood or as a teenager,  
have experienced stammering during your adult life,  
you can help.

**You do not need to have an obvious stammer** at this point in your life or to have talked about stammering before.

Very importantly, **you do not need to have experienced any stammering interventions**. We are inviting people from as many different backgrounds and experiences as possible to take part.

**If you are interested in taking part in this study**, or would like to know more, please go to <https://bcu.questionpro.eu/t/AB3uyQwZB3vsJN> or email [barbara.moseleyharris@mail.bcu.ac.uk](mailto:barbara.moseleyharris@mail.bcu.ac.uk).

**If you want to know more about the whole project** or follow it as it progresses, please visit the project web page at [Stuttering Intervention: Perspectives of Adults Who Stutter - School of Social Sciences | Birmingham City University \(bcu.ac.uk\)](#).

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