



Source: Centre for Ageing Better (2023). Age-positive image library.

We want to understand how and where Action Falls Programme can be adapted to meet the needs of ethnic minority stroke survivors so that we can develop falls prevention intervention tailored to their needs.

What people’s participation involves

If you have had a stroke or support(ed) someone who have had a stroke, we want to work with you to adapt the Action Falls Programme.

Supporting Inclusivity in Research

People from ethnic minority background and people with a learning disability are not well represented in falls prevention and intervention research. Supporting inclusivity in research is important so that underserved communities are well represented. Falls or the fear of falling can have a significant impact on people’s lives.

The Action Falls programme is a falls management tool that manage falls by finding out what causes them and suggesting ways to reduce those risks. The current Action Falls programme for older adults needs adapting for ethnic minority stroke survivor who are supported by carers and healthcare professionals in the community.

What the meeting will involve

We want to talk about



A set of resources we developed with adults with learning disabilities on empowering adults with a learning disability to take part in research.

We want to hear about the lived experiences of stroke survivors and those who support them.

RESEARCH LOUNGE

Online involvement workshop
4th December 2024 @ 12pm – 1pm
Online using Microsoft Teams
To register your interest please email nuhnt.getinvolved@nhs.net