



PRETIBIAL INJURY STUDY

We are looking for people who have experienced or cared for a friend or family member with an injury/wound to their lower leg. This is to help with a research project about how these wounds are cared for and whether we can improve healing and the long-term care they receive.

What is a pretibial injury?

The tibial crest (shin bone) is an area of the leg that is prone to injury due to falls and household injuries, otherwise known as a “pretibial injury”. They are more likely to occur in older people. Older people are more at risk of falls and their skin becomes thinner with age making them more prone to a pretibial injury. These injuries can vary in severity from a small skin tear to a large wound where there is large skin loss or bleeding under the skin (haematoma).

What is this project about?

Patients with a new pretibial injury might care for these wounds themselves, or access healthcare from a number of different places (e.g. GP, practice nurse, A&E, minor injuries). What we don't know is how these wounds are managed in the long term, what follow up care they receive or how well they heal. We are trying to find out the best way these wounds can be treated, where and by who.

Who is doing the research?

Our research team is made up of nurses, A&E and Plastic Surgery consultants and researchers, based across universities and the NHS.

What I am being asked to do?

We strongly believe that patient and carers have important expertise on this topic. We are looking to develop a group of individuals (patients/carers) who can advise our research team, to help us to develop our research project in a way that is relevant and meaningful to those who experience these wounds. You can choose what level of involvement you wish to have, whether it is joining a mailing list and reviewing our work (either sent by post or electronically by email), joining our patients and public involvement (PPI) user group or joining the research team as a PPI member. Meetings can be in person, or virtually (via Teams) and travel costs will be covered.

How do I find out more?

Please contact the lead researcher Clare Greenwood by email c.e.greenwood@leeds.ac.uk. If you do not have access to email, you can ask the person handing out this leaflet to pass your details on to Clare.

Thank you for considering this project!